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Trail Information

KINGDOM TRAIL ASSOCIATION

Kingdom Trail Association is a non-profit organization that was established in 1994 by a group of visionary residents and business leaders in the area.

The mission of the Kingdom Trail Association is to provide recreation and education opportunities by managing, maintaining, and building trails to foster the health of our community, surrounding environment, and regional economy.

DONATIONS

We are thankful to all those who donated to Kingdom Trails this past year! Your contribution allows us to continue striving toward our mission.

If you would like to donate in the future please visit our website, KingdomTrails.org or you are welcome to send a check to Kingdom Trails, PO Box 204, East Burke, VT 05832.

MEMBERSHIP

Kingdom Trails memberships are available online at KingdomTrails.org. Always display your membership sticker in a visible manner.

We are proud to offer an NEK resident membership at a discount!

SUMMER WELCOME CENTER LOCATION

478VT-114
East Burke, VT 05832
802-626-0737

YEAR-ROUND OFFERINGS

Mountain Biking
Adaptive Mountain Biking
Hiking and Trail Running
Groomed Nordic Skiing (Classic and Skate)
Groomed Fatbiking
Snowshoeing

PLEASE NOTE...

The user of this map bears full responsibility and assumes all risk for their safety. Kingdom Trail Association is not responsible for personal injury, damage to property, or violation of the law in connection with the use of this map. Please respect private and public lands. This map is for spring, summer, and fall use only. Please do not ride in the rain or after heavy rainfall because it can cause trail damage. Help us preserve the trails for all to use.

RULES OF THE TRAIL SYSTEM

Respect our private landowners, stay on designated trails, no overnight camping or fires.

Park only in designated KT parking lots.

Leave No Trace.

Purchase a KT Membership.

Riders yield to everybody, including each other.

Communicate and stay in control.

On the road, travel single file and ride to the right. Always stop for vehicles.

No motorized vehicles.

Dogs are **ONLY** allowed on Village Trails (see inset).

(Please clean up after your dog.)

No horses on singletrack trails.

Keep group sizes to ten people or less.

If more, split into groups.

No RV parking at the Inn at Mountain View Farm.

No nighttime trail access at East Haven.

Respect any and all trail closures.

Helmets Required.

PARKING LOCATIONS

All locations are aMTB accessible

Burke Mountain (lower lot):
223 Sherburne Lodge Rd, East Burke

Dashney Nordic Center: 70-838 Dashney Rd, East Burke

East Burke Sport Thoma: 439VT-114, East Burke

East Burke Storage: 98VT-114, East Burke

East Haven Community Building:
64 Community Bldg Rd, East Haven

Inn at Mountain View Farm: 3383 Darling Hill Rd, East Burke

Mike's Tiki Bar: 44 Belden Hill Rd, East Burke

Village Sport Shop Trailside: 2099 Darling Hill Rd, Lyndonville

SHUTTLE STOP LOCATIONS

1. East Burke
Mike's Tiki Bar: 44 Belden Hill Rd, East Burke

2. Burke Mountain
Lower Lot:
223 Sherburne Lodge Rd, East Burke

3. East Haven
East Haven Community Building:
64 Community Bldg Rd, East Haven

4. Darling Hill
Wildflower Inn: 2059 Darling Hill Road, Lyndonville

ADAPTIVE MOUNTAIN BIKING

Trails with aMTB symbols have been built and identified as Adaptive Mountain Bike accessible. These trails have been ridden and approved by aMTB users or meet the criteria of aMTB friendly trail standards. We highly encourage all adaptive users to be accompanied by a support rider while using the network.

E-BIKE POLICY

eMTBs are not allowed on KT trails except as may be required by law for individuals with mobility disabilities.

IN A MEDICAL EMERGENCY

1. If traveling in a group greater than three people, have at least one person stay with the injured person.

2. Call 911 and tell them Who you are, Where you are, What happened. It is critical that you tell them that the injured person is on the Kingdom Trails. If possible, provide the trail name and nearest red evacuation number as noted on the map.

3. Wait for rescue personnel to arrive to assist the injured person. Follow procedures below for care of injured person.

DO NOT try to move a patient if there is any chance they have a head, neck, or back injury. **DO** try to keep the patient warm and dry, making them as comfortable as possible. **DO** consider assisting the patient to the nearest road unless you suspect a head, neck, or back injury.

AED locations: KT Welcome Center (available during regular business hours), ATM next to East Burke Market (24 hour access) and at the Wildflower Inn by the entrance to KC&E Adventures (24 hour access).

The door is always open.
Thank you first responders!

TRAILFORKS

For latest trail updates and to submit a trail report, visit Kingdom Trails on Trailforks.

HOW TO ACCESS BURKE MOUNTAIN BIKE PARK TRAILS

Burke Mountain Resort maintains and manages the existing mountain bike trails directly south of Mountain Road. This area is known as the Burke Mountain Bike Park. The current trails within this area are listed below and are highlighted on the map in yellow.

Shire* CCC Road* Enchanted Forest
Roly Grail Rude Awakening Knightslayer
Dead Moose Alley* Upper J-Bar Dual Slalom
Dead Moose Abuse* J-Bar Merlin
Blacksmith* Drawbridge Pump Track
Parr's Yard* Black Forest Free Ride Trail
Camptown* Jester

* Indicates open seven days a week, no charge. Other trails require a Burke Bike Park Ticket. For further info and pricing visit www.skiburke.com.



- Easiest Doubletrack
 - Easiest Singletrack
 - More Difficult Doubletrack
 - More Difficult Singletrack
 - Most Difficult Doubletrack
 - Most Difficult Singletrack
 - Experts Only
 - Expert Freeride
 - Adaptive Mountain Bike Accessible
 - ← One Way Trail
 - Preferred Direction
- 10 Evacuation Location
 - Hiking Only
 - Burke Bike Park Trails
 - Not maintained
 - Road Names
 - Paved State/US Routes
 - Paved
 - Unpaved
 - Lean-To
 - △ Campground
 - ♿ Accessible Toilets
 - Shuttle Locations
 - Buildings
- P Parking
 - P Parking reserved for aMTB riders and local, NEK families only
 - P Automated external defibrillator (AED) Locations
 - P Ski Lifts
 - P Excavated/Built Features
 - P Streams/Ponds
 - P Points of Interest
- P Scenic: \$5/car; \$15/all day
 - P Self-shuttle: \$5/pp per ride;
 - P \$15/pp all day
 - P Free to pedal and for 2023 Burke Bike Park
- ▲ Passholders
 - ▲ Technical Features
 - ▲ Contour Interval: 50 ft
 - ▲ Wooded Areas
 - ▲ Open Areas
 - ▲ Alpine Ski Trails
 - ▲ Burke Mountain
 - ▲ Boundary: Darling State Forest
 - ▲ Burke Mountain Hotel & Conference Center
 - ▲ The View Pub
 - ▲ Edmunds Coffee shop



RIDE WITH GRATITUDE

RESPECT THIS GIFT

Riding trails on public or private lands is a gift, not a right. That hiker we just passed? She might own the land we're on. With every ride, let's remember to be grateful for the landowners and others who make it possible.

PROTECT NATURE

Enjoy nature, don't ruin it. Keep on the trails. Erosion is our single highest impact when we're out riding. Skidding causes erosion. Cutting corners can cut off access. Ridding muddy trails messes it up for everyone. If we see animals, don't bother them, remember them. Pick up trash, pack it out, carpool here and back.

CARE FOR OTHERS

We share the trails with others, and they have the same rights and responsibilities as each of us. If someone needs help, we help. If someone needs encouragement, we share our enthusiasm. And if it's going to make the situation better, we dismount. Be nice, yield to others, and give a smile.

BE THE EXAMPLE

Being aggressive has no place in mountain biking. We know our limits, and we ride within them. Beyond the ride, let's park where we're supposed to, keep the tunes to a dull roar, and leave the IPAs for aprés somewhere else. Reckless behavior? A simple, polite call out will do.

THANK YOU PRIVATE LANDOWNERS, YOU MAKE IT POSSIBLE!
KT recognizes that our trails were founded and built upon lands first inhabited by the indigenous people of our region, the Abenaki. KT is now grateful to the 105 private landowners who continue to steward the land and so generously allow our trails to cross their properties. Our landowners play a key role in vitalizing our region, providing a quality experience, and a healthy outlet for all. Please respect our landowners by abiding by our policies.

DOGS ARE ONLY ALLOWED ON VILLAGE TRAILS

Darling Memorial Park and Playground: Parking reserved for aMTB riders and local NEK families only.

Burke Mountain Bike Park: Parking reserved for aMTB riders and local NEK families only.

East Burke Tiki Bar: Parking reserved for aMTB riders and local NEK families only.

